

Matthew 6:25-30

The spiritual practice of attentiveness is a <u>channel</u> of <u>grace</u> that gives us conscious awareness of God and His movements.

So how do we do this without quitting our job and becoming a monk...

₩	Let <u>Creation</u> do it's <u>stuff</u> .	

- **❸** God has left <u>OMTG</u> moments throughout our <u>week</u>.
- Ditch the <u>cookie</u> cutter <u>prayer</u> life.

Notes for Dirk...